

# Showing our appreciation!

*Teacher and staff appreciation lunch – May 11, 2018*

In celebration of Teacher and Staff Appreciation Week, the Friends of Oxford Middle School (FOMS) will be hosting a luncheon for all teachers and staff on Friday, May 11.

***Please support this event in any way you can, by:***

- **Donating raffle items.** This could be crafts that you make, products from your direct sales business (Tupperware, Avon, etc.), scratch tickets, gift cards (Amazon, Barnes and Noble, etc.) or any other item you'd like to donate to the raffle!
- **Donating money** toward the cost of providing the meal.

To make a donation, please email [oxfordfoms@gmail.com](mailto:oxfordfoms@gmail.com), return the form below to the attention of FOMS, or text Julie Kudron at 508-410-4813.

**Please bring all donations to the office by Monday, May 7.**

**Thank you** for supporting our amazing teachers and staff, and recognizing the hard work they do for our children every single day!

Cut Here

Cut Here

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Your Name: \_\_\_\_\_ Child's Name: \_\_\_\_\_

Child's Grade: \_\_\_\_\_ Child's Teacher: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Item Being Donated: \_\_\_\_\_

# Welcome Spring



## SPRING DANCE

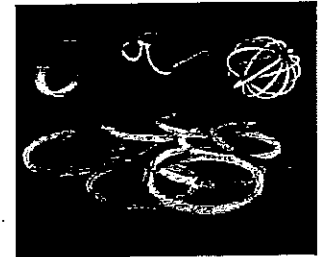
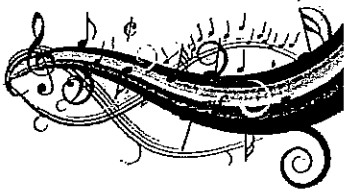
at Oxford Community Center  
4 Maple Road, Oxford, MA 01540

Grades 3-5

Friday, April 27<sup>th</sup>

6:00-8:00pm

*Maximum Capacity 125 students*

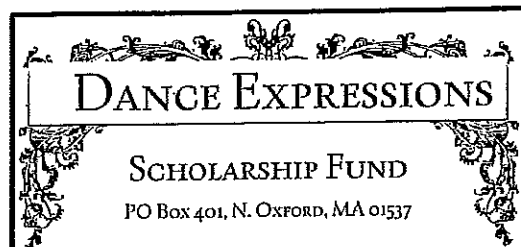


\$5 per child

Music, Dancing, Games

Drinks, Snacks & Glow Fun will be sold

*Sponsored by*





**FREE FOR ALL**

*May 9, 2018 from 5:00 pm to 7:00 pm*

Vendors that will be joining our free event:

- Wic
- Oxford EMS
- Boy and Girls Club
- Oxford Lions Club
- Oxford Wellness
- Harrington Hospital
- Oxford Community Center
- Lisa Casillo with Mindfulness activities
- Philip Leblanc, OHS Science Teacher
- Chris Pietro, OHS Life Skills Teacher and his students
- Oxford School Lunch Program

***COME JOIN US AT OXFORD HIGH SCHOOL FOR OUR  
WELLNESS WEDNESDAY NIGHT***

***Brought to you by your School Wellness Committee***

***May 9, 2018 from 5:00 pm to 7:00 pm***

***Please contact Patricia Hokanson with any questions at 508-987-6056***

# **OHS Class of 2020 Wants Your Used Shoes!!!**



**This fundraiser will help raise money for the sophomore class at OHS. The class will earn funds based on the # of pairs of shoes donated. All donated shoes will then be redistributed throughout the Funds2Orgs network of microenterprise partners in developing nations.**

## **Drop Off Bins Will Be Located At:**

- **Oxford High School**
- **Oxford Middle School**
- **Clara Barton Elementary School**
- **Chaffee Elementary School**
- **Carl's Diner**

**Drop off shoes by June 1st!**

**If you have any questions, contact Lindsay Castonguay at [leastonguay@oxps.org](mailto:leastonguay@oxps.org)**

# OMS Spree Day 2018

OMS Spree Day will be here soon!  
Students and staff will be given the option of purchasing a Spree Day shirt to wear on the day of the events. The cost of the shirts will be \$6 for sizes small, medium, large and extra-large. For size XXL, it will be \$8.

Please note that the t-shirts come in **adult sizes**.

- A groups/Blood = Neon Green**
- B groups/Grzembki = Safety Orange**
- C groups/Walia = True Red**
- D groups/Sciaraffa = Royal Blue**
- E groups/Drew = Neon Green**
- F groups/Ruiz = Island Yellow**
- Teachers/Staff/Volunteers = Safety Pink**
- Light Program = Aquatic Blue**

Below, please indicate the size you would like and return the bottom portion of this notice (with your payment) to your homeroom teacher no later than Wednesday, May 9th. Thank you!!

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Grade: \_\_\_\_\_ Homeroom/Section: \_\_\_\_\_

Please indicate size:



Small



Medium



Large



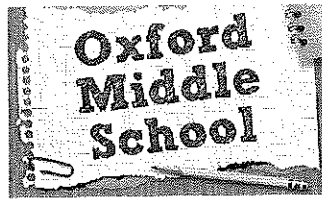
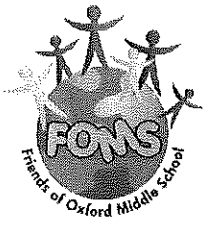
XLarge



XXLarge

***CASH ONLY PLEASE***

# The Road to Success Starts at OMS



## May News

### Important Dates

- **MCAS – Grade 6 Math**  
Tues., May 1
- **FOMS Meeting – 6:30 pm**  
Tues., May 1 - OMS Cafeteria
- **Town Meeting – 7 pm**  
Wed., May 2 - OHS Auditorium
- **MCAS – Grade 7 Math**  
Wed.-Thu., May 2-3
- **OMSAC – 2:30**  
Thurs. May 10 - OMS Conference Room
- **EARLY RELEASE – 11:15 am**  
Fri., May. 11
- **Teacher/Staff Appreciation Luncheon**  
**DONATIONS NEEDED**  
Fri., May 11
- **School Committee Meeting – 6 pm**  
Monday, May 14 - OHS Community Room
- **MCAS – Grade 5 Science**  
Mon.-Tues., May 14-15
- **Town Election Day**  
Tues., May 15
- **Spring Concert – 6 pm**  
Thurs. May 17
- **Memorial Day Program**  
Fri., May 25
- **Memorial Day – No school**  
Mon., May 28
- **Memorial Day Parade – OMS Band**  
Mon., May 28

### Ongoing Clubs & Activities



- **Art Club**  
Mondays, May 7, 14, 21: 2:30pm – 3:30pm
- **Girls, Inc./Babysitting Club**  
Wednesdays, May 2, 9, 16, 23, 30: 2:30pm – 3:30pm
- **Girls on the Run - Barton**  
Mondays & Thursdays, 7, 10, 14, 17, 21, 24, 31:  
3:45pm – 4:45pm
- **Grade 6 & 7 Band**  
Wednesdays, May 2, 9, 16, 23, 30: 2:30pm – 3:30pm
- **NJHS**  
Tuesday, May 1: 2:30pm – 3:30pm
- **Student Council**  
Thursdays, May 10, 24: 2:30pm – 3:30pm

## Teacher/Staff Appreciation: DONATIONS NEEDED

In preparation for our upcoming teacher and staff appreciation luncheon (May 11), we are gathering items to put in the raffle.

We are looking for any gift items, including gift cards, as well as cash donations to help offset the cost of the lunch.

Please support our amazing teachers and staff and let them know how much they are appreciated!

## Ways to Stay Informed

There are several ways to stay informed of OMS and FOMS activities:

1. **Remind** – Text @ebggdk to 81010 to receive text alerts from FOMS
2. **Facebook** – Search for Oxford Middle School FOMS or <https://www.facebook.com/OMSFOMS/>
3. **Our webpage** – Visit [oxps.org](http://oxps.org) and click on "Parent Groups"
4. **Email** – [OxfordFOMS@gmail.com](mailto:OxfordFOMS@gmail.com)

Thank You!

Happy Spring

## Next FOMS Meeting:

Tuesday, May 1

Each meeting runs from 6:30pm to 8:00pm in the OMS cafeteria.

*Please join us – we'll be taking nominations for next year's board!*

Keep your eyes open...  
guess what's coming!!

**Spree  
Day**

**Our annual fun-filled field day event!**

Watch for the volunteer flyer in the coming weeks! It takes many hands to make this day successful!

**MEMORIAL DAY**

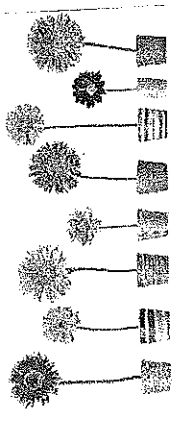


**Come on out to the town's  
Memorial Day parade on  
Monday, May 28<sup>th</sup>.**

**Cheer on our very own OMS  
band and honor our service men  
and women!**



oxford public schools  
MIDDLE SCHOOL  
April 30 to May 25



Lunch \$3.25 Reduced .40 cents Breakfast \$1.50 Milk .50 cents

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Apr - 30	May - 1	May - 2	May - 3	May - 4	
**GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH SWEET & SOUR CHICKEN CHEESEBURGER CARROT COINS ROASTED GREEN BEANS CHILLED MIXED FRUIT MILK	**GRAB AND GO SALAD MEAL MIDDLE** TUNA SUB GRILLED CHEESE **PERSONAL PIZZA HOT TOMATO SOUP STEAMED CORN APPLESAUCE MILK	**GRAB AND GO SALAD MEAL MIDDLE** ITALIAN SUB PASTA WITH MARINARA SAUCE TACO'S WITH LETTUCE/TOMATO ROASTED GREEN BEANS PEACH SLICES MILK	**GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH TURKEY POT PIE **RIB-B Q/BUN THREE BEAN SALAD CHILLED PEARS MILK	**GRAB AND GO SALAD MEAL MIDDLE** STUFFED CRUST PIZZA* Mini Corn Dog Nuggets TOSSED SALAD BLUEBERRIES MILK	Avg Nutrients Target Cals... 646 102% Chol... 41* mg Sodium. 1180* mg Fiber... 10.2* g Iron... 8.9* mg 269% Calcium985.6* mg 369% Vit A 7224* IU 722% Vit C 22.5* mg 150% Sugar 22.5*g 13.9%Cal Prot 28.6*g 17.7%Cal Carb 98.8*g 61.2%Cal T.Fat 16.3*g 22.7%Cal S.Fat 5.3*g 7.4%Cal
May - 7	May - 8	May - 9	May - 10	May - 11	
**GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH MOZZARELLA STICKS CRISPY CHICKEN SANDWICH THREE BEAN SALAD STEAMED CORN PEACH SLICES MILK	**GRAB AND GO SALAD MEAL MIDDLE** ITALIAN SUB BBQ CHICKEN **PERSONAL PIZZA BROCCOLI w/ CHEESE CHILLED PEARS MILK	**GRAB AND GO SALAD MEAL MIDDLE** TUNA SUB TACO'S WITH LETTUCE/TOMATO CHEESE QUESADILLA CARROT COINS APPLESAUCE MILK	**GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH SLOPPY JOE ON A BUN CHEESEBURGER GREEN BEAN&TOMATO SALAD CHILLED MIXED FRUIT MILK	1/2 DAY OF SCHOOL BREAKFAST ONLY	Avg Nutrients Target Cals... 598* 94% Chol... 50* mg Sodium. 1181* mg Fiber... 9.9* g Iron... 8.5* mg 258% Calcium575.5* mg 216% Vit A 5793* IU 579% Vit C 135.1* mg 901% Sugar 18.0*g 12.1%Cal Prot 27.9*g 18.7%Cal Carb 80.7*g 54.0%Cal T.Fat 19.0*g 28.6%Cal S.Fat 6.9*g 10.3%Cal

NO charging Breakfast--NO charging Milk  
MENU SUBJECT TO CHANGE WITHOUT NOTICE

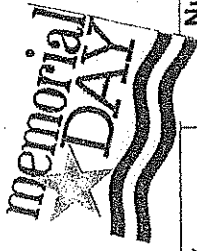
\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.  
\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



oxford public schools  
MIDDLE SCHOOL  
April 30 to May 25

Lunch \$3.25 Reduced .40 cents Breakfast \$1.50 Milk .50 cents



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
May - 14 **GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH SWEET & SOUR CHICKEN CRISPY CHICKEN SANDWICH ROASTED GREEN BEANS CHILLED PEARS MILK	May - 15 **GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH STUFFED CRUST PIZZA* GRILLED CHEESE HOT TOMATO SOUP GREEN BEAN&TOMATO SALAD APPLESAUCE MILK	May - 16 **GRAB AND GO SALAD MEAL MIDDLE** ITALIAN COLD CUT SUB CHEESEBURGER PASTA WITH MARINARA SAUCE BAKED BEANS PEACH SLICES MILK	May - 17 **GRAB AND GO SALAD MEAL MIDDLE** TUNA SUB ROASTED TURKEY CHEESE QUESADILLA MASHED POTATO MIXED VEGETABLES CHILLED MIXED FRUIT MILK	May - 18 **GRAB AND GO SALAD MEAL MIDDLE** SANDWICH OF THE DAY **PERSONAL PIZZA HOT DOG BROCCOLI SALAD BLUEBERRIES MILK	Avg Nutrients Target Cals... 664 105% Chol... 57* mg Sodium... 1598* mg Fiber... 9.1* g Iron... 8.1* mg 245% Calcium637.3* mg 239% Vit A 3758* IU 376% Vit C 23.2* mg 154% Sugar 19.7*g 11.9%Cal Prot 28.4*g 17.1%Cal Carb 91.2*g 54.9%Cal T.Fat 20.8*g 28.2%Cal S.Fat 8.5*g 11.5%Cal
May - 21 **GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH PARMESAN CHICKEN **MINI CHEESEBURGER CARROT COINS THREE BEAN SALAD BLUEBERRIES MILK	May - 22 **GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH BBQ CHICKEN **PERSONAL PIZZA FRENCH FRIES STEAMED CORN PEACH SLICES MILK	May - 23 **GRAB AND GO SALAD MEAL MIDDLE** ITALIAN SANDWICH PASTA WITH MARINARA SAUCE TACO PIE ROASTED GREEN BEANS APPLESAUCE MILK	May - 24 **GRAB AND GO SALAD MEAL MIDDLE** TUNA SUB ROAST PORK & GRAVY CRISPY CHICKEN SANDWICH MASHED POTATO MIXED VEGETABLES CHILLED PEARS MILK	May - 25 **GRAB AND GO SALAD MEAL MIDDLE** STUFFED CRUST PIZZA* HOT DOG TOSSED SALAD CARROT COINS CHILLED MIXED FRUIT MILK	Avg Nutrients Target Cals... 675 107% Chol... 46* mg Sodium... 1187* mg Fiber... 11.1* g Iron... 8.9* mg 270% Calcium969.7* mg 363% Vit A 12026* IU1203% Vit C 28.4* mg 189% Sugar 20.0*g 11.9%Cal Prot 31.2*g 18.5%Cal Carb 101.8*g 60.3%Cal T.Fat 16.8*g 22.4%Cal S.Fat 5.1*g 6.8%Cal

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