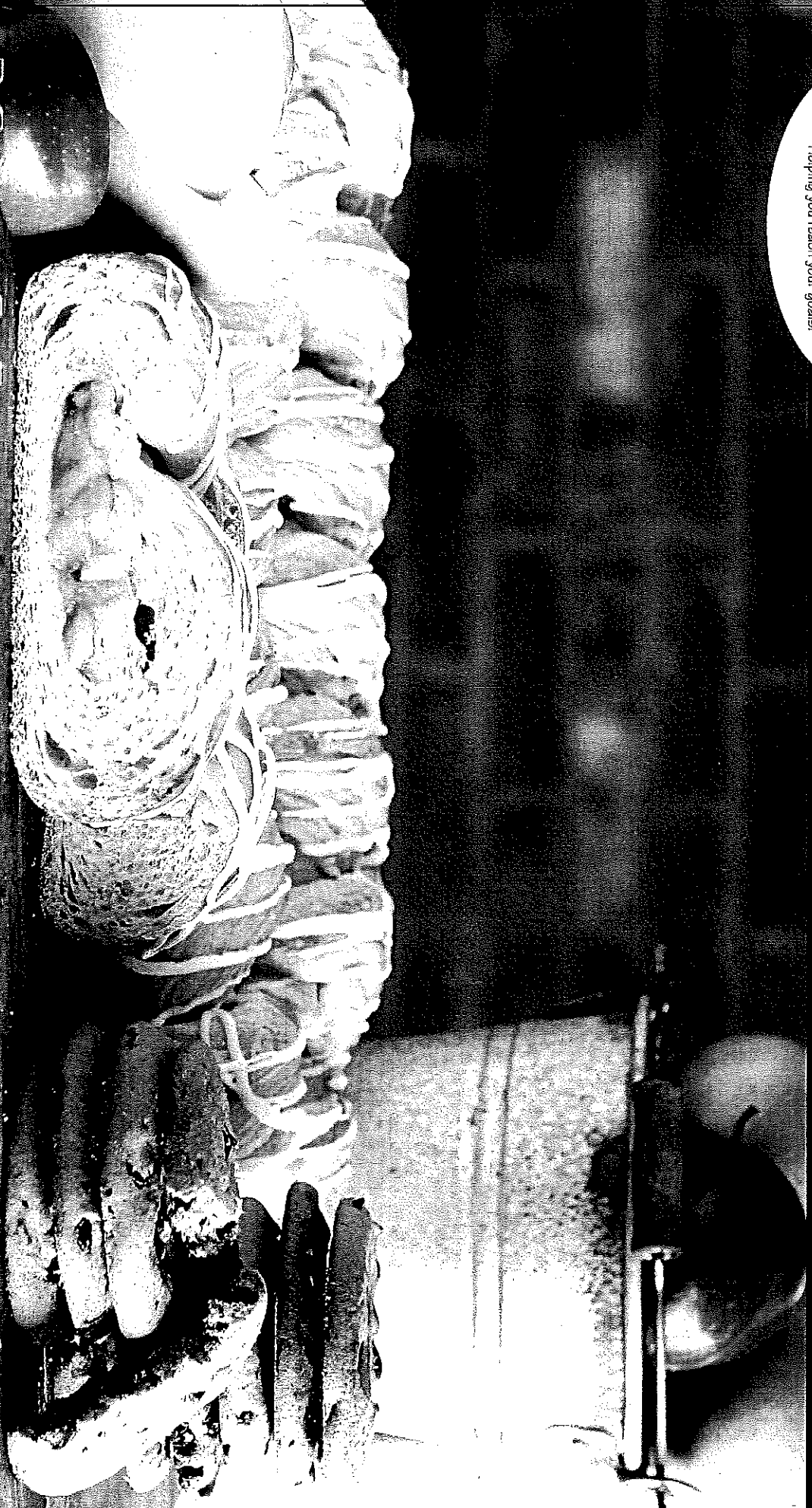




Kansas Maid™ Braided Pastry & Otis Spunkmeyer® Cookie Dough



Kansas Maid™
FROZEN PASTRIES | FUNDRAISING OPPORTUNITIES
BRAIDED PASTRY IS MADE IN A NUT-FREE FACILITY!

Otis Spunkmeyer
an ARYZTA brand

Thank you for your support!

Date to Start 2/1/2018	Return Order 2/15/2018	Pick-Up Date 3/23/2018
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Name: _____ Phone: _____
 Email: _____
 Teacher: _____
 Organization: FOMS
 Please Make Checks Payable to: FOMS
 Any questions, contact Deb Dwinell at debddwinellpto@gmail.com
 or 978-618-2727

Name	Phone	Braided Pastries - \$13.00	Rolls & Breads - \$13	Cookie Dough - \$17.00	Total Items	Total \$
1	Make a list of people to sell to!					
2	Parent's Order					
3	Check with Aunts and Uncles					
4						
5	Check with Aunts and Uncles					
6	Can Mom or Dad sell at work?					
7						
8	Grandma's order					
9						
10	Check with your siblings					
11						
12	Check with people at church					
13						

- Strawberry Cream Cheese
- Cinnamon
- Apple
- Cream Cheese
- Raspberry
- Caramel Rolls
- Cinnamon Rolls
- Italian Herb Bread
- Chocolate Chip
- Carnival *
- Oatmeal Raisin
- Peanut Butter
- White Chocolate
- Macadamia Nut

Sales Tips:

1. Ask Family and Friends to help you!
 2. Introduce yourself and your organization.
 3. Smile, be polite and thank them for their order.
 4. Do not sell door to door without adult supervision.
 5. Collect money when taking orders.
 6. Bring a cooler for distribution of large frozen orders!
- Otis Spunkmeyer® Cookie Dough contains approx. 36 pre-portioned cookies.
- Allergy Information** – Pastries are produced in a NUT FREE facility.
 Otis Spunkmeyer® cookie dough is produced in a plant that processes nuts.
 Check our website for ingredient list/notes

SCC	CINN	APPL	CC	RASP	CAR ROLL	CINN ROLL	ITAL BRD	CH CHIP	CAR	OAT	PB	WCM	Total Items	Total \$

*Carnival Cookie is a cookie with multi-colored candies.

MCM Fundraising, Inc. New England Exclusive Fundraising Distributors

Kansas Maid™ Frozen Pastries, Lyman Orchards® Pies & Crisps
 Otis Spunkmeyer® Cookie Dough
 888-774-5889 - www.mcmfundraising.com

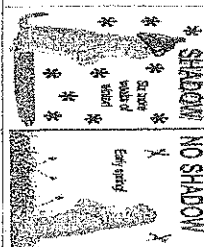
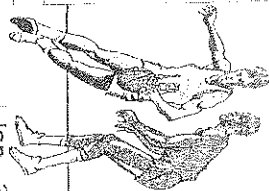
OTIS Spunkmeyer® Cookie Dough is Certified Kosher.



Oxford public schools MIDDLE SCHOOL

January 29 to February 23

Lunch \$3.25 Reduced .40 cents Breakfast \$1.50 Milk .50 cents



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Jan - 29 **GRAB AND GO SALAD MEAL MIDDLE** **TURKEY ROLL-UP BEEF STROGANOFF CRISPY CHICKEN SANDWICH CORN & GREEN BEAN CASSEROLE SOUP OF THE MOMENT POTATO PUFFS VEGGIE BOWL HUMMUS CHILLED MIXED FRUIT MILK	Jan - 30 **GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH PASTA WITH MARINARA SAUCE **PERSONAL PIZZA CHICKEN VEGETABLE SOUP PEAS CHILLED PEARS MILK	Jan - 31 **GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH TACO'S WITH LETTUCE/TOMATO RIB-B-Q/BUN HOT BROCCOLI TREES PEACH SLICES MILK	Feb - 1 **GRAB AND GO SALAD MEAL MIDDLE** **CLUB SANDWICH BAKED CHICKEN **BEEF STEAK SMOKIE GRILL/BUN GREEN BEAN&TOMATO SALAD SOUP OF THE MOMENT BLUEBERRIES ICE CREAM MILK	Feb - 2 **GRAB AND GO SALAD MEAL MIDDLE** STUFFED CRUST PIZZA* BUFFALO CHICKEN SANDWICH* TUNA MACARONI SALAD FRUIT CRISP MILK	Avg Nutrients Target Cals... 676 1076 Chol... 45* mg Sodium... 1206* mg Fiber... 8.9* g Iron... 8.8* mg 267% Calcium 435.7* mg 163% Vit A 2247* IU 235% Vit C 74.9* mg 500% Sugar 16.2*g 9.6%Cal Prot 31.0*g 19.3%Cal Carb 88.5*g 52.3%Cal T.Fat 22.5*g 29.9%Cal S.Fat 6.8*g 9.0%Cal
Feb - 5 **GRAB AND GO SALAD MEAL MIDDLE** HAM SANDWICH ROAST BEEF WITH GRAVY **BEEF STEAK SMOKIE GRILL/BUN SOUP OF THE MOMENT GREEN BEAN&TOMATO SALAD CHILLED MIXED FRUIT MILK	Feb - 6 **GRAB AND GO SALAD MEAL MIDDLE** EGG SALAD SANDWICH PULLED PORK SANDWICH **PERSONAL PIZZA CORN CHOWDER STEAMED CORN APPLESAUCE MILK	Feb - 7 **GRAB AND GO SALAD MEAL MIDDLE** TURKEY SALAD SUB TACO'S WITH LETTUCE/TOMATO **CHICKEN FAJITAS SOUP OF THE MOMENT VEGETABLE&HUMMUS PEAS & CARROTS CHILLED PEARS MILK	Feb - 8 **GRAB AND GO SALAD MEAL MIDDLE** TURKEY SANDWICH B B O CHICKEN CRISPY CHICKEN SANDWICH POTATO PUFFS BLUEBERRIES MILK	Feb - 9 1/2 DAY OF SCHOOL BREAKFAST ONLY	

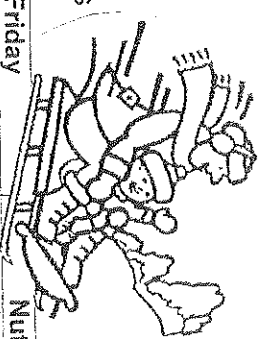
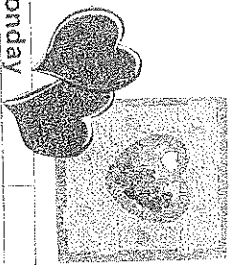
N/A - Denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data.

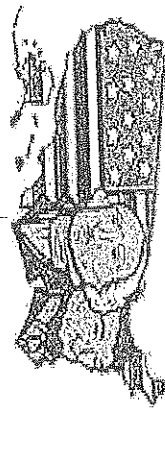
NOTICE: The data contained within this report and the NUTRIKIDS@Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in

Oxford public schools
MIDDLE SCHOOL

January 29 to February 23

Lunch \$3.25 Reduced .40 cents Breakfast \$1.50 Milk .50 cents



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
Feb - 12	Feb - 13	Feb - 14	Feb - 15	Feb - 16	Avg Nutrients Target Cals... 635* 100% Chol... 37* mg Sodium... 1123* mg Fiber... 11.7* g Iron... 8.8* mg 267% Calcium 448.8* mg 168% Vit A 8667* IU 867% Vit C 149.3* mg 995% Sugar 19.4*g 12.2%Cal Prot 29.8*g 18.8%Cal Carb 96.4*g 60.7%Cal T. Fat 16.3*g 23.0%Cal S. Fat 4.9*g 6.9%Cal
GRAB AND GO SALAD MEAL MIDDLE ** HAM & CHEESE ROLL-UP RIB-B-Q/BUN CRISPY CHICKEN SANDWICH SOUP OF THE MOMENT VEGETABLE&HUMMUS SWEET POTATO FRIES APPLESAUCE MILK	**GRAB AND GO SALAD MEAL MIDDLE** ITALIAN SUB GRILLED CHEESE **PERSONAL PIZZA PEAS & CARROTS HOT TOMATO SOUP CHILLED MIXED FRUIT MILK	**GRAB AND GO SALAD MEAL MIDDLE** TUNA SUB PASTA WITH MARINARA SAUCE TACOS WITH LETTUCE/TOMATO GREEN BEAN&TOMATO SALAD VALENTINE COOKIE CHILLED PEARS MILK	**GRAB AND GO SALAD MEAL MIDDLE** TURKEY SALAD SANDWICH ROAST PORK & GRAVY **RIB-B-Q/BUN MASHED POTATO STEAMED CORN CONFETTI SOUP PEACH SLICES MILK	**GRAB AND GO SALAD MEAL MIDDLE** STUFFED CRUST PIZZA* FISH SANDWICH HOT BROCCOLI TREES STRAWBERRIES IN A CLOUD MILK	
Feb - 19	Feb - 20	Feb - 21	Feb - 22	Feb - 23	Avg Nutrients Target Cals... 676* 107% Chol... 51* mg Sodium... 1163* mg Fiber... 7.2* g Iron... 6.1* mg 18% Calcium 386.3* mg 145% Vit A 1506* IU 151% Vit C 17.9* mg 119% Sugar 16.2*g 9.6%Cal Prot 30.2*g 17.9%Cal Carb 101.4*g 60.0%Cal T. Fat 17.5*g 23.2%Cal S. Fat 5.3*g 7.0%Cal
PRESIDENTS DAY BREAK 					

NO charging Breakfast—NO charging Milk

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